

Contemplative Living Community – Cornwall, NY

Meeting Agenda – 10:00 AM – 4:00 PM

SAMPLE

- 10:00 AM Arrival; coffee
- 10:30 Centering Prayer – 20-30 minutes
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- 11:00 **Check-in** – faith sharing to give each member an opportunity to articulate their contemplative journey since the last meeting related to their faithfulness in living their commitment to their Contemplative Lifestyle Statement. Sharing is without interruption from the group. Suggestions, questions and/or comments will be given only if asked for by the person sharing. The facilitator will advise the amount of time available for individual sharing (which would include any discussion, questions, comments about the sharing).
- 10 Minute break half-way through Check In
- 1:00 PM **Brown bag lunch** – host house provides coffee, tea. Facilitator brings cake, etc. Any issues that require consensus will be discussed during the last 30 minutes of lunch. The Facilitator for the day facilitates the discussion.
- 2:00 **Topic of Discussion** – Presented by Member facilitating the monthly meeting. The topic is selected by the Member and is to *relate to living a contemplative lifestyle in our ordinary lives*. The presentation should take no more than 15-20 minutes; the material should relate to personal experience – information from a book, for example, that we have made our own – how it has affected our lives. It is then open for discussion by the community.
- 3:00 10 Minute Break
- 3:10 20-30 minute Centering prayer period
- 3:40 **Check-out** – What was your experience of the meeting?
- 4:00 Departure